



Pre-Participation Medical Paperwork

Trinity Washington University Athletic Department

Welcome Tigers,

We are excited to welcome you to Trinity Athletics. As you can expect, things will be a different as a result of COVID-19. However, all personnel in athletics have worked hard to ensure your health and wellness will continue to be at the forefront. As part of the athletic department, and under the direction of the team physician Dr. Murtaugh, the athletic training staff provides high quality medical care for all student-athletes. Athletic trainers are allied health professionals recognized by the American Medical Association.

The Athletic Trainer is responsible for the prevention, evaluation, management, rehabilitation and treatment of injuries/illnesses that may occur during participation in athletic endeavors. The prevention of these injuries/illnesses, where possible, is of utmost concern. The athletic training staff works in conjunction with team physicians at Washington Hospital Center, the Student Health Center staff, surrounding medical facilities, Trinity Washington University Athletic Department staff and the student-athletes to carry out these tasks.

Within in this packet you will find a letter regarding primary and secondary insurance, pre-participation medical paperwork and an information sheet containing demographics, emergency contact information and primary insurance information. A concussion fact sheet and sickle cell fact sheet are attached as well.

As an integral part of our preventative efforts, we ask that you read and complete the paperwork found in this packet. After completion of the entire packet, please email the packet to Nicole Schrader at SchraderN@trinitydc.edu. Student athletes are not permitted to participate until the completed packet is received.

It is important you adhere to these deadlines to ensure the Athletic Trainer and Team Physician can review your preparticipation paperwork without delaying your start to participating within athletics. If you have a noteworthy (surgeries, hospitalizations, diagnostics tests) medical history, please make sure to send the associated documentation along with your pre-participation paperwork.

Medical Forms Check-list:

- _____ COVID Questionnaire
- _____ Pre-participation Physical Exam (STAMPED) & Signed by your Physician
- _____ Sports Medicine Services, Consent to Treat, Assumption of Risk & Health Disclosure
- _____ ADHD Medical Exceptions Notifications Form
- _____ Personal Data-Emergency Contact Form
- _____ Concussion Reporting Agreement Form
- _____ Sickle Cell Waiver/Results
- _____ Photocopy (front and back) of current Insurance and/or Prescription Medication Card(s)

If you have questions please contact Nicole Schrader at SchraderN@trinitydc.edu or by phone at (202)884-9087. We're looking forward to an injury free year!